

Rotary District 5080
YOUTH EXCHANGE PROGRAM
Club Manual

PART 4: HOST FAMILIES

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NOTE: Forms in the Part are listed on the Index with a Document Reference # of 4.51 and higher. These form documents are separated as individual documents in order to facilitate printing and completing the forms. Many are fillable and savable pdf forms and therefore cannot be combined with the other sections into a single document.

4.01 Finding Host Families

Selection and volunteer vetting of the first host family must be completed prior to the host club finalizing the inbound student's guarantee form due in March.

Who are host families?

Families with young children

- young children are very willing to help an exchange student, and are not afraid to correct language or behaviour errors

Families with high school age children

- help an exchange student fit in at school and to find friends
- are recommended for first host families where possible

Families with no children

- have a good opportunity to develop a closer relationship with the exchange student

Single Person Households

- must be same sex parent
- not necessary to have children but could be a plus
- If you are vetting a single parent with no children living in the home there are two more forms that are required, these can be found on YEAH under the "Directory/Library" tab in the Portal and under the "Document Library" on the HUB. Select **SHP Secondary Level Review**, which must be uploaded in the **Host Family document file** and **SHP Placement Consent Form**, which must be uploaded into the **students document file** once they are completed.

Finding host families in Rotary

- Announce at a Rotary meeting that you need families and that you will be contacting members personally in the near future. If some volunteer right away, they can have first pick of the students and hosting periods available.
- Talk to likely individual members, and their spouses, and provide information about the Inbound student, but remember we cannot share personal photographs and personal information with anyone until that person has been fully vetted through the background process. The family can learn a lot about the student without sharing personal information.
- If individual members and their spouses want to discuss hosting between themselves, set up a time to call back and get their decision.
- Do the calling YOURSELF. Asking others to do this may not be successful, as they are not ultimately responsible for finding families and a "Sorry, I had no luck" response is easy for them to make.
- Give Rotarians the first opportunity to host. If you then still need more host families - go on to the next step.
- All outbound candidates are required to complete a host family referral for providing recommendations for three host families. This is to be uploaded into the YEAH database system when completed. Advise students they are required to complete this form.

Non-Rotarian host families

- Consider families of outbound and rebound students.
- Ask at outbound interviews if families would be willing to host - whether or not their son or daughter is selected for exchange (providing you consider the family suitable).
- Record the names of students that attend the information meeting at the high school. Contact the families of these students and invite them to host a student.
- Keep a list of families that have hosted a student in the past. Many of them will be prepared to host again - even though they may need a break of a year or two.
- Consider your friends and neighbours, people from church or other organizations that you or other Rotary club members - belong to, team parents, etc. as they may be interested in hosting. Teachers may also be willing to host if invited to. Ask your fellow Rotarians if they have friends or relatives that might want to host.
- Invite non-Rotarian host families to Rotary social functions with the student, and get to know them. You will find new Rotarians this way

When to find host families

- Make recruiting host families a year-round activity! Start in November, and keep at it so by the District Youth Exchange Committee meeting in early spring to assign inbound students you will have host families lined up and will be sure of the number of students your club will be able to host. Ask your host families what time of year is most convenient for them to host, whether they prefer a male or female, if they have any country preferences, etc. This will help you to choose appropriate exchange students for your club.

Dedication and perseverance will do it!

Adopt the attitude that there are families out there just waiting to be asked to host a Rotary exchange student - because there are!

YOU ARE GOING TO GET OUT THERE AND FIND THEM - and you WILL be successful!

4.02 Host Family Folders

The Club Youth Exchange Officer should prepare a folder for each host family with information about the student and the youth exchange program.

	Section
• Thank-letter from hosting Rotary Club	4.06
• Student's family home address	
• The following documents from the student's application:	
○ Permission for medical care	
○ Student and Parent letters	
○ Student photos	
○ Travel permission signed by parents	
○ Copy of Rotary Rules and Regulations signed by the student	
• Rotary Youth Exchange Contact List	
○ Club Exchange Committee Members	
○ Inbound Coordinator	
○ District Youth Exchange Chair	
○ Youth Protection Officer (Canada or USA)	
• Host Family Schedule	4.09
• Hints for Host Families	4.03
• Host Family First Night Questions	4.04
• When a Host Family Needs Help	4.05
• When an Inbound Student Needs Help	3.05
• Inbound Student Agreement – signed copy from Vice Chair	C.51
• Inbound Student Travel Policy	3.09
• Student Travel Authorization	3.08
• Drinking and Driving Policy and Regulations	3.53

Other Items You May Want to Include:

- School Information
 - School Website Link
- List of Youth Groups
- Host Family Handbook (found on D5080 Youth Exchange website)

GENERAL DATA PROTECTION:

DO NOT share the exchange student's complete application form to any party, including Rotarians, non-Rotarians, host families, or organizations. Confidentiality of the student's personal information must be maintained at all times with the exception of:

- Medical data to physicians, hospital, or health units in case of sickness or accident of the student, medical administration of the school educating the participant, school reports and data to the school administration hosting the participant, essential medical record information can and must be shared with the host families. This includes allergies, regular use of prescribed medication, chronic conditions, and situations where the specific medical information is of relevant interest or need. (Do not share the student application medical form with the host family)
- Introduction letters and student photos from the application, family home address and contact information,
- For legal purposes, to police, court, or legal state authorities – when there are well-founded, legitimate grounds concerning a specific personal situation.

Inform host families that it is strictly forbidden to share personal data received via the Rotary Youth Exchange Program. No name, no report, and/or related personal data can be shared. Name and address can be shared with sports clubs, cultural associations, and travel organizations with the individual's agreement or legal permission first.

4.03 Hints for Host Families

In addition to the strict rules of exchange in the Inbound Student Agreement, host families should be aware of the following general practices for students in District 5080. These are listed below, along with some suggestions that will make your experience more rewarding - and may avoid problems.

Suggestions for All Host Families

- If possible, try to establish a relationship with the student prior to their arrival via emails or video conferencing.
- Don't have expectations as to what the student will be like.
- Go through the First Night Questions with your exchange student the first or second night that he or she is with you.
- Students want to be part of the family, and would prefer to be asked to help out around the house rather than be treated as "special guests" (**this cannot be over emphasized**).
- Spend time talking to the student, and get to know him or her.
- Don't compare the student to your own children or to previous exchange students - they are all individuals, and are **not** the same.
- Allow the student - and yourself - some private time.

The First Host Family

- It is especially important that the first host family write to the student and make him or her feel welcome. A few emails or video conferences will make the student feel that he or she knows your family, and will make the adjustment on arrival easier for both parties.
- The first host family's job is to make the student feel welcome, establish firm guidelines for behaviour, and make sure the student meets the community and gets off to a good start. The student's Rotary counsellor will help you with this process.
- The first host family or the counsellor must go to the school with the student to arrange a course schedule for the coming year.
 - Don't choose a demanding academic program (especially if there is a language challenge)
 - Try to choose some courses not available to the student at home
 - Find a classmate to show the student around the school and introduce him/her to teachers and fellow students (if you don't have a high school student in your family, ask the School Counsellor to help arrange this).
- The first host family is encouraged to invite the other host families, the student's Rotary counsellor, and the Club's Youth Exchange Officer over to visit with the student after supper one evening in the first week or 10 days after arrival. In some cases the student's Rotary counsellor will do this.

The Second and Third Host Families

- Try to get to know the student before he or she joins your family! Talk to the student's Rotary counsellor and previous host family and find out if there were any problems that had to be dealt with. Remember that previous families may have become very attached to the student - and vice versa. Encourage some continuing contact between the student and those families.

The Last Host Family

When the student comes to the last host family, he or she will speak English fairly fluently, be established in the community - and hopefully be doing all the right things.

- In the last month or so the student will receive many invitations from previous host families and friends. The last host family must be understanding but should counsel the student not to run himself or herself ragged trying to accept all invitations.
- Encourage the student to send some belongings home by mail (by surface is much cheaper than by air- but takes longer). *Compare mailing vs cost of taking a second suitcase on flight home
- The last host family usually holds an open house or similar gathering of all the host families, counsellor, and Club Youth Exchange Officer just prior to the student's departure. An elaborate party is not necessary - you should talk to your student's Rotary counsellor about your plans.

Student Expenses

- Exchange students pay for their clothes, cell phone charges, long distance phone calls, and personal items. One host family paying for any of these items could embarrass other families that follow the guidelines.
- Host Rotary Club gives exchange students a monthly allowance, and host families should not provide any additional allowance. The allowance is paid at the beginning of each month, and you should make sure that your student is receiving it regularly and on time. If not, you or the student should advise the Rotary counsellor.
- The Rotary Club pays for the student's meals at Rotary meetings.
- Students usually expect to pay their own way to shows and similar events (refer to the Host Family Questionnaire).
- If students are invited by host families to go on trips, vacation, etc., sharing of costs should be discussed with the student **before** the trip begins. The host family may choose to pay all costs especially if that is the practice for other family members.

Student Obligations

- Students are expected to attend their club Rotary meetings periodically (and should attend those when spouses will be attending ie: Partner nights), as well as special functions such as Club picnics, work parties, fundraising events, etc.
- Students are required to attend the Inbound Exchange Student Orientation early in September, and the International Friendship Tour and Rotary District 5080 Conference in May or June.

School Attendance

- **Regular school attendance is not optional - it is required.**
- The District has very good relationships with the high schools in our host communities, and must maintain them. You will be provided with copies of **an excuse note, which must be completed for all absences**. If you run short of these forms let the Rotary counsellor know, and more will be provided.

Conflicting Invitations

- Some Rotary functions take priority over all other functions. Please contact the counsellor if there is any question as to which function the student should attend in a particular case. The student's next priority is to the current host family - over other host families or friends.
- The counsellor will decide which invitation the student should accept only if the student and the "inviters" can't resolve the situation - normally with some guidance from the current host family

Travel

Travel on organized school trips is authorized, but the Rotary counsellor must be advised.

- Other travel may require special permission from the natural parents and from the Rotary District Youth Exchange Committee. Check with your student's Rotary counsellor!
- We have an obligation to the student's family and home Rotary Club to know where our exchange students are at all times. If there is a family emergency, the counsellor must be able to contact the student - therefore **the counsellor**, or in his absence the Club Youth Exchange Officer, **must be advised of all travel plans in advance**.

Local Travel

- Normally students should be driven by an adult, however local travel (within about 30 miles or 50 km of the host community) may be with a teenage driver on occasion - provided the host family knows the driver and would normally allow their own child to ride with that person.

On Hosting a Rotary Exchange Student...

As one host mother observed "**Open your heart - and the rest will follow!**".

Good luck, and thank you for being a Rotary Exchange Student Host Family.



Rotary

District 5080 Youth Exchange

4.04 Rotary Youth Exchange First Night Questions

NAYEN - Revised May 2024

Meet with each of your host families to ask these questions. In general, ask about those things you feel are most important the first night, and then the others over the next couple of nights. Try to always keep an open and honest communication with your Host Family and Rotary. These will help you establish trust and understanding from the beginning of your relationship.

1. How would you prefer to be addressed? Should I call you by your first name, family name, Mom, Dad, or another title?
2. What is the best way to contact you? Do you prefer: texting, calling, or something else? WhatsApp? Line? etc.
3. What is the telephone number at home, and how should I contact you in case of an emergency when I am away?
4. What are the daily responsibilities expected of me while living in your home, including tasks like making my bed, maintaining a tidy room, and cleaning the bathroom after use? Am I responsible for helping with other areas of the house or garden (Kitchen/dishes, floors, light dusting, shoveling snow, etc)?
4. Please guide me through the laundering process and share where I should store dirty clothes until they are ready to be washed. Can you please show me how your machines work and how much soap to use?
5. Will I be given a key to the house or a door code?
6. Where can I keep my bathroom accessories, and what is the most convenient time for me to use the bathroom on weekday mornings and for showering?
7. Are there any specific bathroom guidelines that I should be aware of?
8. Is there anything that shouldn't be put in the toilet or sink? Are there time limits if I like to take long or hot showers? When is the best time for me to shower or bathe?
9. Can I use the family's shampoo, toothpaste, and tampons or should I purchase my own? If I need to purchase my own, where can I purchase them?
10. When are the designated meal times, and how can I help during those times, like setting or clearing the table, helping to prepare, washing dishes, or disposing of garbage?
11. Am I permitted to help myself to food and non-alcoholic drinks at any time, or should I ask for permission?
12. Can I use kitchen appliances such as the microwave, dishwasher, or stove? Am I allowed to cook/bake/use the kitchen when I want or do I need to ask permission/wait until mealtimes?
14. Are there any family members with food allergies, special diets?
15. Are there any eating habits or foods I need to discuss? I don't like _____. I am allergic to _____
16. Which areas of the house are considered strictly private, such as your study, bedroom, or pantry? 17. Who should I go to for help with my homework? What are the best areas of the house for me to do my homework?
18. What time should I wake up on weekdays, weekends, and holidays?
19. Is it acceptable to rearrange the furniture in my bedroom?
20. Can I decorate my room with posters or pictures, and if so, how would you prefer them to be attached to the walls?
21. Where should I store my suitcases?

22. Am I allowed to use household appliances such as the iron, washing machine, etc.? What is the protocol for ironing clothes if needed?
23. Am I allowed to use the stereo, computer, or TV?
24. What is your rule for wearing earbuds or headphones in the house?
25. Are there places where I cannot use my phone (Dining table, family time, bedroom...)? Can I have my phone/device in my room during the night and, if not, what time should I give it to you?
26. What time should I wake up on weekends and holidays?
27. What are the designated bedtime hours on weekdays and weekends?
28. What time should I be home on school nights if I go out?
29. What time should I be home on weekends if I go out? And which nights are considered weekend nights?
30. Can you tell me about your special family dates (birthdays, anniversaries, other celebrations)?
31. Am I expected to care /babysit younger children in the family? What are the expectations about them coming into my bedroom?
32. Is it acceptable to have friends stay overnight? How do I ask permission?
33. What are the rules for entertaining friends in my room?
34. Can I invite friends over during the day? Can I do it after school? Can I have them over if no one else is home?
35. If the host family has pets: am I required to help take care of them? Am I allowed to take the dog for a walk? Can I feed them treats?
36. What are the family's views on social media and phone usage throughout the day?
37. Are there any restrictions or time limits for Internet and phone usage in the household?
38. What are the rules about using my phone? Is there a limit to Internet or WIFI? Am I allowed to stream movies, Netflix, YouTube?
39. Can I receive calls from friends abroad, and are there specific times when calls are not acceptable?
40. What is the process for sending and receiving mail or packages?
41. Are there any particular dislikes within the household, such as chewing gum, music preferences, or table etiquette?
42. What transportation options are available to me? Are there times or places where it is unsafe for me to travel on my own?
43. Are there rules about traveling with friends? Do you have to meet my friends first? Does there need to be an adult driving if I get in a car?
44. How will I get to school? How can I travel for shopping or going to the movies?
45. What are the expectations regarding attending religious institutions, and are there any preferences for church attendance?
46. If I encounter a problem with the family or a family member, how would you prefer me to address it – through a note, a face-to-face discussion, informing my Rotary counselor, or handling it independently?

47. I am from a different country and culture and there will be some misunderstandings where I accidentally do something rude or perceive something as rude. If there is a problem with family or a family member that is bothering me, how would you like me to handle it?

- a. Send you a message explaining what happened
 - b. Write a note to you explaining what happened
 - c. Ask for an in-person discussion with you
 - d. Talk about it with my Rotary counselor
 - e. Work through it on my own
44. How do I enroll in school, and what should I do about school lunch expenses? If there is an expense, who pays- me, you, Rotary?

48. How do I enroll in school, and are there any supplies that I need, like uniforms?

49. What do I do about school lunch? Bring from home? Do I make my own lunch? Are there certain lunch foods? Am I allowed to take leftovers? If I choose to by school lunch, do I pay myself?

50. Where should I report any bullying or abuse happening at school?

51. How can I arrange to go shopping for personal items?

52. Who pays for "event" expenses? Me? You? Rotary? (movies, sports events, concerts/shows)

53. Is there anything else I can do to contribute around the house?

54. Am I expected to attend Rotary meetings, and if so, how often will they be arranged?

55. How do I attend Rotary meetings? Who will arrange it? How often should I attend?

56. Is there any other important information or concerns that we should discuss?

57. What do I do if I feel sick?

Host families, please consider additional questions or expectations you might have of your student.

Some students love to cook and others have never used a washing machine before (shockingly common fact). In many countries, bathrooms are waterproof spaces with heated floors so students may not know how to keep water in the tub/shower area, and you may have to show them how. Some students may have domestic employees in their homes who cook and clean on request and it may be an adjustment for those students to take on those responsibilities themselves or to adapt to a new family routine.

The first few weeks may be a little awkward and uncomfortable, but clear and gentle communication between students and their host will have everyone settled in due course. Positive reinforcement is encouraged to host parents and students are encouraged to try new things, adapt to your home, and develop their independence (by becoming responsible for themselves). Treat the student in your home as your own and if you are unsure about a decision, ask if you would allow or expect the same of your own child (or what you were allowed or expected of as a child)

Students, remember to maintain open and honest communication with both your Host Family and Rotary, and to thank them for making this experience possible

4.05 When a Host Family Needs Help

When a host family needs help...

If you have a problem or need a question answered, here are the recommended steps you should follow in getting help. If you don't get the help or the answer you need at one step, move on to the next one.

First Talk to your exchange student's **Rotary Counselor**

Second
Talk to your **local Rotary Club's Youth Exchange Officer or your Club Exchange Committee Chair**

Third Contact the **Inbound Coordinator** of the **District 5080 Youth Exchange Committee** who is responsible for the student.

Fourth Contact the **Chair** of the **District 5080 Youth Exchange Committee:**

Refer to the [Contact page of https://rotaryye5080.org/](https://rotaryye5080.org/) for contact details.

4.06 Sample: Letter to Host Family

Your Club Name: _____

YOUTH EXCHANGE COMMITTEE

Date: _____

To: The _____ Family

Thank you for choosing to be a host family for _____, from
_____. This student's Rotary Club Counselor will be _____,
whose phone number is _____

Hosting a high school student from another country is both a challenge and an opportunity that will enrich the life of every member of your family as you share cultures and develop international understanding and fellowship.

Part of this process is sharing with the student your culture as it is reflected in everyday life and activities. This does not mean elaborate entertainment. What it does mean is making the student a part of your family.

Thank you again for your willingness to host this student! As you embark on this journey of hosting a Rotary youth exchange student, please know that you are not only providing them with a place to stay but also offering them the gift of a lifetime experience, one they will never forget.

We appreciate your commitment to the Rotary Youth Exchange Program. Your contribution plays a crucial role in promoting global understanding and peace through youth exchange.

Please contact us if you have any questions, concerns, or suggestions.

Youth Exchange Officer

4.07 Sample: School Absence Authorization

Date: _____

To: *Your Local High School:* _____
(*Full mailing address:*) _____

Dear School Staff,

Please excuse the absence of the Rotary Exchange Student named below, for the times and/or dates indicated, and for the reason shown:

Name of Rotary Exchange Student:

Name of Host Parents:

Address of Host Parents:

Phone number of Host Parents:

Date or dates absent from school:

Period(s) of absence (morning, afternoon, all day, etc.) _____

Reason for absence: _____

Yours sincerely,

Signature of Host Parent or Rotary Club Representative

4.08 Interview Questions

These are suggested questions that the Club YEO should ask potential host families at their initial interview. They should be supplemented with additional questions that the YEO feels appropriate to the circumstances. The Interview questions can be found in the YEAH Portal.

1a. What benefits do you expect while hosting your student?

b. What kinds of challenges do you envision?

2. What kinds of experiences or trainings have you had with teenaged children?

3. Describe your feelings about:

a. Teenagers and discipline

b. Teenage self-esteem

c. Children's expression of anger

d. Do you foresee any teenaged behaviors that might make you feel uncomfortable?

4. How do you manage:

a. Sleep habits?

b. Meals?

c. Emergencies?

d. Hygiene?

e. Privacy?

f. Differences/Conflicts/Disagreements?

g. Time spent on social media?

5. At first students may feel uncomfortable in a new place with a new family. What are some of the things that you would do to make them feel comfortable?

6. How do you feel about giving directions to the exchange student that may differ from the way you do things with your own children?

7. What information would be important for you to know about your exchange student in order to ensure that he or she is a good match with your family and that you can be prepared to offer him/her a positive exchange experience?

Interview Questions
2024.02.05

4.09 Host Family Schedule

Your Rotary Club Name: _____

Name of Student - _____

Home address - _____

Home phone - _____ Cell phone _____

Sponsor Rotary Club - and District

HOSTING SCHEDULE*

[Start and end dates]

[full names of **all** host family members, street and mailing address, home and cell phone numbers, e-mail address, etc.]

Period:

First Host Family:

Period:

Second Host Family

Period:

Third Host Family

Period:

Fourth Host Family

* dates are approximate, and may be adjusted some for convenience – with the approval of the student's Rotary Counsellor

If possible, include the names of all family members or others living at home, their occupations, ages, birthdays, hobbies, sports, pets, etc. This information is helpful not only to the hosted student, but also to members of subsequent host families! If the hosting schedule can be provided to the student before he or she arrives, pictures of the host families would be especially useful – and appreciated.

Rotary Youth Exchange Committee contacts:

Club Youth Exchange Officer:

Student's Rotary Counsellor:

Street Address : _____
Phone : (H) _____
(C) _____
e-mail: _____

Street Address : _____
Phone (H) _____
(C) _____
e-mail: _____

Inbound Coordinator :

District Youth Exchange Chair :

Street Address : _____
Phone : (H) _____
(C) _____
e-mail: _____

Street Address : _____
Phone (H) _____
(C) _____
e-mail: _____

Youth Protection Officer :

Club President :

Street Address : _____
Phone : (H) _____
(C) _____
e-mail: _____

Street Address : _____
Phone (H) _____
(C) _____
e-mail: _____

Copies required by: Each Host Family

- Local High School Counsellor
- Club Youth Exchange Officer
- Student's Rotary Club
Counsellor
- Exchange Student (3)

4.10 Host Family Exit Survey

YEOs – please advise host families that when they complete their host family experience, they will receive an email from SCRYE through our YEAH system that contains a link to a “Host Family Exit Survey”. We would very much appreciate if they would take the time to complete the brief survey. The information they provide will be valuable to us in our efforts to enhance the Youth Exchange Program, and to provide the best possible support to future host parents.

4.11 Host Family Policy and Procedures

1. The host family provides room and board for the student and exercises appropriate supervisory and parental responsibility to ensure the student’s well-being. Host families are not paid.
2. Host families are vetted through a process of interviews and home visits by local Rotary club youth exchange volunteers. Following successful completion of that process, all adult members of the host family residing in the home, over the age of 18, must be vetted and trained as a Host Family member. This includes the following:
 - One **Host Family Application** (send the online link -be sure they list your club on the application!
 - **Reference Checks** (3 per family)
 - **Criminal Background Check** (required for each person, age 18 and over living in the family’s home)
 - Completion of mandatory NAYEN training modules in the YEAH database by all adult members.
3. Host Family Applications have been developed with SCRYE, www.scrye.org for details of SCRYE's role in District 5080 Youth Exchange activities. The content of the application has been adapted to reflect the specific circumstances of Rotary youth exchange: host families are members of the local community in which the Rotary club is located and the host interviewer is a member of the local community.
4. Host families receive training prior to student arrival in youth protection policies, abuse and harassment prevention and procedures and program rules that the student must follow. Host families are periodically visited by the student’s counsellor to assure good communications and provide for the early detection of problems. Host families are required to complete the applicable NAYEN training modules in the YEAH database system.
5. Host families provide:
 - A safe and welcoming environment
 - Integration into the family, providing support and privileges and assigning appropriate obligations
 - Room and board for the student. Students must have their own bed and if sharing a room it must be with a child of the same gender and approximate age.
 - A place where the student can study
 - Assurance that the student knows how to contact family members and support networks.
 - Feedback to the Rotarian counselor regarding concerns about the student
 - Introductions to people that can help the student become involved in community life

- Exercise supervisory and parental responsibility to ensure the students wellbeing and safety
6. Host families and students will be provided contact information in advance of the exchange so that communications can be established before the student's arrival.

4.12 Drinking and Driving Policy and Regulations Rotary District 5080 Youth Exchange Program

A) DRINKING PROGRAM REGULATIONS

Part 1:

The parents of a Youth Exchange (YE) student remain Legal Guardians during the exchange year. They have entrusted District 5080 to take care of their child and keep them safe and healthy during the exchange.

The Rotary Youth Exchange Officer (YEO) is the Custodian of a Youth Exchange student.

The Host Family (HF) is the Host of the YE student.

As Custodian and Host, there is an obligation to keep the student safe and healthy. There is also an obligation to ensure all rules and regulations are being followed by all parties. All parties are to be held to a higher standard than they would with their own children.

Part 2:

For clarification purposes, the legal drinking age in Idaho and Washington is 21 and in British Columbia 19.

The Long-Term Exchange Program Rules and Conditions of Exchange on alcohol reads: *"The illegal drinking of alcoholic beverages is expressly forbidden. Students who are of legal age should refrain. If your host family offers you an alcoholic drink, it is permissible to accept it under their supervision in the home."*

This above paragraph is part of an International Youth Exchange document and the final sentence is intended for countries where students are of legal age to consume alcoholic beverages. The final sentence is not intended to give permission to serve alcohol to a student who is not of legal age. In District 5080 (Idaho, Washington and British Columbia) it is illegal to serve alcoholic beverages (beer, wine and spirits) to any underage student under any circumstances.

2021.04.13 1

B) DRIVING REGULATIONS

Part 1:

The parents of a Youth Exchange (YE) student remain Legal Guardians during the exchange year. They have entrusted District 5080 to take care of their child and keep them safe and healthy during the exchange.

The Rotary Youth Exchange Officer (YEO) is the Custodian of a Youth Exchange student.

The Host Family (HF) is the Host of the YE student.

As Custodian and Host, there is an obligation to keep the student safe and healthy. There is also an obligation to ensure all rules and regulations are being followed by all parties. All parties are to be held to a higher standard than they would with their own children.

Part 2:

A Youth Exchange student is forbidden to enter a car with a DRIVER who has a restricted license

(Examples: adult with a driving violation that has caused them to have a restricted license; students who have taken driver education training and passed their driver's test but do not have an unrestricted license to drive.) DRIVERS must have a valid unrestricted license for the state or province in which they reside. All three areas of our District – Washington, Idaho and British Columbia have different driving rules and regulations.

A Youth Exchange student is forbidden to enter a car with a DRIVER who is impaired. If a Youth Exchange student suspects that a DRIVER is impaired, they are required to get out of the car as soon as possible and call their Host Parent, Counselor or Youth Exchange Officer for pickup.